

TABLE OF CONTENTS

Meet GENRIC Health	03
Contact details	04
Who is covered	05
Standard rates & Waiting Periods	06-07
Easy to understand Benefit comparison	08-10
Medication Benefits	11
Gradual Progression Diseases	11
Hospitals you can go to	11
Nurse based care	11
Value Added Benefits	11
In-Room procedures covered	12
List of Chronic conditions covered	12
How to claim	13
Important Terms & Conditions	14-15



Meet GENRIC Health



WHY GENRIC HEALTH?

We believe that every South African deserves quality healthcare, but we understand that healthcare comes at a cost that a lot of people can't afford. Therefore, we focus on providing solutions that are built on strong foundations of Quality, Affordability and Accessibility that result in "Quality Healthcare for All".



COVER THAT IS RIGHT FOR YOU

Our options allow you to choose healthcare cover to best suit your needs and budget.

You can choose between **7** options. We offer varying levels of out-of-hospital Primary Healthcare benefits and can extend cover to in-hospital private healthcare benefits.

You can select different levels of private hospital Accident Cover. Certain options also offer private hospital Illness Cover.



QUALITY HEALTHCARE

Access to private healthcare is based on GENRIC Health's selection of an exclusive panel of renowned private healthcare practitioners and hospitals.



EASY CLAIMS

Members are required to utilise our contracted network providers to access benefits.

Our contracts with healthcare professionals means members never need to outlay cash.

GENRIC Health handles all the payments "behind the scenes".



AFFORDABLE COVER

We understand that healthcare comes at a cost that a lot of people cannot afford, therefore we provide cover that everyone can afford.

CONTACT DETAILS





Should you require advice, please contact your Broker.



Centurion

Irene Link Precinct, 7 Impala Avenue, 0157



Mon-Fri

07:30 - 16:30 Closed on Sat - Sun

Policy Services



© 010 599 1170





We understand that you don't have unlimited time to wait for someone to answer your questions. No problem! We will call you back!

Claim Services

Alternative Emergency Number: 010 599 1172

Email: NHGcustomercare@nationalhealthcare.co.za



WHO IS COVERED?

Adult: A person who is over the age of 21 (twenty-one) and is the Immediate Family of the Policyholder eligible for membership.

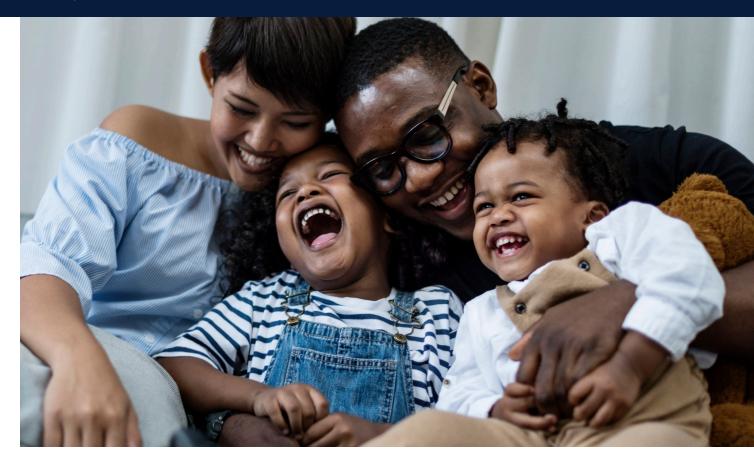
Child: A Child is a person under the age of 21 (twenty-one) and the Immediate Family of the Policyholder eligible for membership. Cover as a Child can be extended to the age of 27 (twenty-seven) if they are full-time students. Documented proof of full-time studies is required annually.

Immediate Family: The Immediate Family is a defined group of relations, whether over or under the age of 21 (twenty-one) and determines which members of a Policyholder's family may join this policy. The definition extends to those connected to the Policyholder in the following manner:

- By birth, adoption, stepchildren or grandchildren or any other child who has been placed in the custody of the Policyholder and in respect of whom the Policyholder is liable for care and support.
- Parents/stepparents, grandparents in respect of whom the Policyholder is liable for care and support.
- Siblings, including half-siblings in respect of whom the Policyholder is liable for care and support.
- · A Spouse of a Policyholder as defined in this policy.
- Any other relative, who at the Insurers discretion, qualifies for membership under this policy.

Spouse: A person who is a significant other, partner or non-marital partner of that the principal member:

- \cdot In a marriage or customary union recognised in terms of the laws of the Republic; or
- · In a union recognised as a marriage in accordance with the tenets of any religion; or
- In a same sex or heterosexual union which the Underwriter is satisfied is intended to be permanent.



WAITING PERIODS & STANDARD RATES

A Waiting period is a period in which an Insured Person is not entitled to claim any, or may only claim certain, policy benefits.

Waiting periods are applicable on all newly incepted policies and/or additional dependants added to the current policy, except in the event of an Accident.



Waiting Periods

GENERAL WAITING PERIODS

- A 1-month General Waiting Period is applied on all Out-of-Hospital benefits unless otherwise stated
- A 3-month General Waiting Period will be applied on any In-hospital related benefits unless otherwise stated.
- A **6-month** General Waiting Period will be applied on Dental and Optical benefits.
- A 6-month Waiting Period will be applied on Chronic Medication.

PRE-EXISTING CONDITION WAITING PERIODS

12-month Waiting Period will be applied on all In-and Out-of-Hospital related pre-existing conditions, diseases, or illness.

These include any conditions, including cancer, which existed prior to inception, or for which an insured person has sought or received medical advice or received treatment by a Registered Medical Professional or exhibited symptoms before inception of the policy.

Failure to disclose and pre-existing condition could render the policy being cancelled.

POLICY SPECIFIC WAITING PERIODS

The following conditions are excluded within the first **6** (six) months of the policy cover inception.

- · Myringotomy and grommets;
- · Adenoidectomy:
- Tonsillectomy;
- Hysterectomy(except where malignancy can be proven);
- Spinal, back, neck and joint related precedures or treatment except in the case of an Accident.

SPECIFIC WAITING PERIODS APPLICABLE TO CERTAIN BENEFIT CATEGORIES

- A **3-month** Waiting Period is applicable on the Accidental Death Benefit.
- A 12-month Waiting Period for all treatment during the Pregnancy as well as for the confinement related to the hirth
- A **12-month** Waiting Period on all pre-existing cancer-related treatments.



Standard Rates for 2025

Under 60	Principal	Adult	Child
Golden Hour	R190	R150	R130
Hospital Plan	R235	R190	R140
Primary Standard	R490	R470	R205
Comprehensive Standard	R665	R605	R220
Comprehensive Plus	R1 075	R865	R360
Comprehensive Advanced	R1 180	R965	R430
Combined (Primary Standard with Hospital Plan)	R695	R630	R250

Over 60	Principal	Adult	
Golden Hour	R275	R230	
Hospital Plan	R330	R275	
Primary Standard	R685	R660	
Comprehensive Standard	R935	R845	
Comprehensive Plus	R1 500	R1 210	
Comprehensive Advanced	R1 650	R1 350	
Combined (Primary Standard with Hospital Plan)	R975	R885	

Premiums are reviewed and adjusted annually. Age based contribution will be calculated as at 01 January of each year and will apply for the full calendar year.

Rates above are for individuals, per Insured Person per month. If you are a member as part of a Group/Company, your rate may be different.

Ask your Broker or HR department for details.

DISCLAIMER

- For all terms and conditions, benefits, limitations, and exclusions please refer to the policy wording which forms part of your Schedule of Insurance or consult your broker. GENRIC Health have been granted exemption in terms of Section 8(h) of the Medical Schemes Act 131 of 1998 for this product. This policy does not discriminate or refuse membership on the basis of race, age, gender, marital status, ethical or social origin, sexual orientation, pregnancy, disability, state of health, geographical location or any other means. We may however charge a different premium dependent on your age at the time of inception.
- This is not a medical scheme and the cover is not the same as that of a medical scheme. This policy is not a substitute for medical scheme membership.
- Premiums are subject to annual review.

Quality health care for all

EASY TO UNDERSTAND BENEFIT COMPARISON

Refer to Policy Wording for full details and explanations. This document is for basic information purposes only.

BENEFITS



GOLDEN HOUR



HOSPITAL PLAN



PRIMARY STANDARD

Access to all private hospitals accepting health insurance products. Pre-authorisation required.

R250 000 per member per event. Maximum of **R1 000 000.**

No Benefit.

No Benefit.

Included in Hospital Benefits.

Included in Hospital Benefits.

R10 000 per Insured Person per event for physiotherapy and occupational therapy only.

Pre-authorisation required.

R30 000 per policy

R15 000 in the event of stabilisation

of an Emergency Illness per Insured

Person

2 GP consultations at a contracted network doctor per Insured Person.

Defined list of procedures a

Network GP can perform in their rooms at no additional charge.

No Benefit.

3 visits per Insured Person for a

defined list of procedures available from nurses at Network pharmacies

with contracted clinics.

No Benefit.

R1 500 per Insured Person. Max R190 per script. Combined with OTC

benefit. See explanation on page 11.

Combined with in **Acute Medicine** Limit.

No Benefit.

No Benefit

No Benefit.

No Benefit

No Benefit.

Access to all private hospitals accepting health insurance products. Pre-authorisation required.

R325 000 per Insured Person per event. Maximum of R1 000 000.

No Benefit.

R50 000 per Insured Person per event. Conditions which have a gradual progression are excluded. Limited to R500 000 per policy per annum

Included in Hospital Benefits.

Included in Hospital Benefits.

R10 000 per Isured Person pe event for physiotherapy and occupational therapy only. Pre-authorisation required.

R30 000 per policy.

No Benefit.

No Benefit.

No Benefit. No Benefit.

No Benefit.

No Benefit.

No Benefit.

No Benefit.

No Benefit.

No Benefit.

No Benefit

No Benefit.

No Benefit.

No Benefit

No Benefit

No Benefit.

No Benefit

No Benefit.

No Benefit

No Benefit.

R2 500 per policy.

R2 500 for after-hours treatment only.

Pre-authorisation required.

Managed unlimited GP consultations at a network doctor.*

Defined list of procedures a Network GP can perform in their rooms at no additional charge.

2 consultations refunded at **R475** per visit.

Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.

R2 600 per Insured Person. Referral by Network GP required. Members must pay cash and claim from GENRIC Health. **

Unlimited Acute Medication available only from a Network pharmacies. See explanation on page 11.

R210 per month. R850 per year. Subject to Formulary

Unlimited. Approval must be obtained. See explanation on page 11.

Unlimited Black and white x-rays only. Insured Person must be referred by a Network GP.

Unlimited blood tests according to our list of tests. Insured Person must be referred by a Network GP.

Basic dentistry only. Treatment available based on GENRIC Health's Protocols and limits.

Only available at Specsavers branches. 1 consultation, 1 set of frames with single vision lenses per Insured Person, every **24** months. Maximum of **R1 450**.

Hospital Footprint

In-Hospital Accident Benefit

Maternity Benefit

In-Hospital Illness Benefit

In-Hospital Specialised Radiology Benefit

ICU Benefit

Post-Hospital **Accident Rehabilitation**

> **Casualty Benefit** (Accident)

Casualty (Illness)

General Practitioner visits (GP/ doctor)

In-Room Procedures

Out-of-Network General Practitioner visits (GP)

Pharmacy Clinic Nurse Care

Specialist Benefit

Acute Medication

Over-the-Counter Medication (OTC)

Chronic Medication. Refer to our Chronic Disease List (CDL)

Radiology

Pathology

Dentistry

Optometry

All benefit categories are per policy

All benefit categories are per policy

All benefit categories are per policy per annum unless stated otherwise.

All benefit categories are per policy per annum unless stated otherw *Pre-authorisation is required for every GP visit from the 5th Consultation onwards.

This product is underwritten and administered by GENRIC Insurance Company Limited, a licensed non-life insurer and an Authorised Financial Services Provider (FSP: 43638). National Health Group (Pty) Ltd (2015/130345/07), a registered Managed Care Organisation (MCO110) and Administrator (ADMIN72), is $contracted \ to \ provide \ administration \ and \ managed \ care \ services. This \ is \ not \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ cover \ is \ not \ the \ same \ as \ that \ of \ a \ medical \ scheme, and \ the \ scheme \ that \ of \ a \ medical \ scheme \ that \ of \ that \ scheme \ that \ of \ scheme \ that \ of \ that \ scheme \ that \ of \ that \ that \ scheme \ that \ of \ that \ that \ of \ that \ that \ that \ that \ scheme \ that \ of \ t$ This Policy is not a substitute for a medical scheme membership. Premiums are subject to an annual review. Terms and Conditions apply.

** Subject to GENRIC Healths Protocols and Limits.



OUT-OF-HOSPITAL/IN-HOSPITAL BENEFITS



See page 11 for details on: Medication Benefits and how they work; Which Hospitals You Can Go To; The definition of Gradual Progression Diseases; and Value Added Benefits associated with each plan. Information is subject to change.

BENEFITS



COMPREHENSIVE STANDARD



COMPREHENSIVE PLUS



COMPREHENSIVE ADVANCED

Hospital Footprint

In-Hospital Accident Benefit

Maternity Benefit

In-Hospital Illness Benefit

In-Hospital Specialised
Radiology Benefit

ICU Benefit

Post-Hospital Accident Rehabilitation

> Casualty Benefit (Accident)

> Casualty (Illness)

General Practitioner visits (GP/ doctor)

In-Room Procedures

Out-of-Network General Practitioner visits (GP)

DUT-OF-HOSPITAL/IN-HOSPITAL BENEFITS

Pharmacy Clinic Nurse Care

Specialist Benefit

Acute Medication

Over-the-Counter Medication (OTC)

Chronic Medication. Refer to our Chronic Disease List (CDL)

Radiology

Pathology

Dentistry

Optometry

Access to all private hospitals accepting health insurance products. **Pre-authorisation required.**

R125,000 per Insured Person per event, inclusive of all costs. Maximum of R270,000 per member per annum and R750,000 per policy per annum. Pre-Authorisation required.

No Benefit.

R50 000 per member per event. Conditions which have a gradual progression are excluded. Limited to **R500 000** per policy per annum.

Included in Hospital Benefits.

Included in Hospital Benefits.

R5 000 per Insured Person per event for physiotherapy and occupational therapy only. Pre-authorisation required.

R2 500 per policy.

R2 500 for after-hours treatment only.

Pre-authorisation required.

Managed unlimited GP consultations at a network doctor.*

Defined list of procedures a Network GP can perform in their rooms at no additional charge.

No Benefit.

Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.

No Benefit.

Unlimited Acute Medication available only from a Network pharmacies. See explanation on page 11.

R210 per month. **R850** per year. Subject to Formulary

Unlimited. Approval must be obtained.
See explanation on page 11.

Unlimited Black and white x-rays only. Insured Person must be referred by a Network GP.

Unlimited blood tests according to our list of tests. Insured Person must be referred by a Network GP.

Basic dentistry only. Treatment available based on GENRIC Health's Protocols and limits.

Only available at Specsavers branches. 1 consultation, 1 set of frames with single vision lenses per Insured Person, every 24 months. maximum of R1 450. Access to all private hospitals accepting health insurance products. **Pre-authorisation required.**

R200,000 per Insured Person per event, inclusive of all costs. Maximum of R1,000,000 per policy per annum. Pre-Authorisation required.

R30 000 for birth. Limited to 1 event every 12 Months. Includes 2 out-of-hospital ultra-sounds.

R75 000 per member per event. Overall limit of R1 000 000 per policy per annum. Cataract Surgery is limited to R30 000 per member.

Included in Hospital Benefits.

Included in Hospital Benefits.

R10 000 per Insured Person per event for physiotherapy and occupational therapy only. Pre-authorisation required.

R10 000 per policy.

R4 000 for after-hours treatment only.

Pre-authorisation required.

Managed unlimited GP consultations at a network doctor.*

Defined list of procedures a Network GP can perform in their rooms at no additional charge.

2 consultations refunded at R475 per visit.

Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.

R2 600 per Insured Person. Referral by Network GP required. Members must pay cash and claim from GENRIC Health.**

> Unlimited Acute Medication available only from a Network pharmacies. See explanation on page 11.

R210 per month. **R850** per year. Subject to Formulary

Unlimited. Approval must be obtained.
See explanation on page 11.

Unlimited Black and white x-rays only. Insured Person must be referred by a Network GP.

Unlimited blood tests according to our list of tests. Insured Person must be referred by a Network GP.

Basic dentistry only. Treatment available based on GENRIC Health's Protocols and limits.

Only available at Specsavers branches. 1 consultation, 1 set of frames with single vision lenses per Insured Person every 24 months. maximum of R1 450. Access to all private hospitals accepting health insurance products. **Pre-authorisation required.**

R275 000 per Insured Person per event Maximum of R1 000 000 per policy per annum. Pre-Authorisation required.

R35 000 for birth.

Limited to 1 event every 12 months. Includes 2 out-of-hospital ultra-sounds.

R100 000 per Insured Person per event. Overall limit of R1 000 000 per policy per annum. Cataract Surgery is limited to R30 000 per member.

Included in Hospital Illness Benefits.

Included in Hospital Illness Benefits.

R10 000 per Insured Person per event for physiotherapy and occupational therapy only. Pre-authorisation required.

R10 000 per policy

R6 000 for after-hours treatment only. Pre-authorisation required.

Managed unlimited GP consultations at a network doctor.*

Defined list of procedures a Network GP can perform in their rooms at no additional charge.

2 consultations refunded at R475 per visit.

Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.

R2 600 per Insured Person. Referral by Network GP required. Members must pay cash and claim from GENRIC Health.**

> Unlimited Acute Medication available only from a Network pharmacies. See explanation on page 11.

R210 per month. **R850** per year. Subject to Formulary.

Unlimited. Approval must be obtained. See explanation on Page 11

Unlimited Black and white x-rays only. Members must be referred by a Network GP.

Unlimited blood tests according to our list of tests. Members must be referred by a Network GP.

Basic dentistry only. Treatment available based on GENRIC Health's Protocols and limits.

Only available at Specsavers branches. 1 consultation, 1 set of frames with single vision lenses per member, every 24 months. Maximum of R1 450.

All benefit categories are per policy per annum unless stated otherwise.

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PRIMARY STANDARD <u>+ HOS</u>PITAL PLAN

Hos	pital	Foot	print

In-Hospital Accident Benefit

Maternity Benefit

In-Hospital Illness Benefit

In-Hospital Specialised Radiology Benefit

ICU Benefit

Post-Hospital Accident Rehabilitation

> Casualty Benefit (Accident)

Casualty (Illness)

General Practitioner visits (GP/ doctor)

In-Room Procedures

Out-of-Network General Practitioner visits (GP)

> Pharmacy Clinic Nurse Care

Specialist Benefit

Acute Medication

Over-the-Counter Medication (OTC)

Chronic Medication. Refer to our Chronic Disease List (CDL)

Radiology

Pathology

Dentistry

Optometry

Access to all private hospitals accepting health insurance products. **Pre-authorisation required.**

R325 000 per Insured Person per event. Maximum of **R1 000 000** per policy per annum.

No Benefit.

R50 000 per Insured Person per event. Conditions which have a gradual progression are excluded. Limited to R500 000 per policy per annum.

Included in Hospital Illness Benefits.

Included in Hospital Illness Benefits.

R10 000 per Insured Person per event for physiotherapy and occupational therapy only. Pre-authorisation required.

R30 000 per policy.

R2 500 for after-hours treatment only.

Managed unlimited GP consultations at a network doctor.*

Defined list of procedures a Network GP can perform in their rooms at no additional charge.

2 consultations refunded at R475 per visit.

Unlimited care for a defined list of procedures available from nurses at Network pharmacies with contracted clinics.

R2 600 per Insured Person. Referral by network GP required. Members must pay cash and claim from GENRIC Health.**

Unlimited Acute Medication available only from a Network pharmacies. See explanation on page 11.

R210 per month. R850 per year. Subject to Formulary.

Unlimited. Approval must be obtained. See explanation on page 11.

Unlimited Black and white x-rays only.
Insured Person must be referred by a Network GP.

Unlimited blood tests according to our list of tests. Insured Person must be referred by a Network GP.

Basic dentistry only. Treatment available based on GENRIC Health's Protocols and limits.

Only available at Specsavers branches. 1 consultation, 1 set of frames with single vision lenses per member, every 24 months. Maximum of R1 450.

All benefit categories are per policy per annum unless stated otherwise.

All benefit categories are per policy per annum unless stated otherwise.

*Pre-authorisation is required for every GP visit from the 5th Consultation onwards.

** Subject to GENRIC Healths Protocols and Limits.





MEDICATION BENEFITS

This medicine is used to treats conditions which occur suddenly, have immediate or rapidly developing symptoms, and are limited in their duration i.e. anti-biotics for the flu.

Chronic / Acute & OTC Medication

Your doctor must prescribe a medicine for you from our list of medicines, called a formulary for each condition. A formulary means that we choose a wide variety of medicine for each. However, we use an average pricing method for each medicine category. This means, if you elect to use a medicine more expensive than the average price, you will have to pay the difference out of your pocket.

If your doctor is a dispensing doctor, you must get your medication from them. It will be rejected at a pharmacy. However if your doctor is not a dispensing doctor, simply present your script to any pharmacy of your choice.

GRADUAL PROGRESSION DISEASES

Gradual Progression Diseases means any condition or Illness that develops slowly over time and gradually worsens. These types of illnesses have a slow and steady progression and can take months or years for symptoms to become noticeable. Please refer to the policy wording for a list of conditions.

HOSPITALS YOU CAN GO TO

As a member of GENRIC Health, you have access to all private hospitals in the country. Certain hospitals choose not to accept Health Insurance Products, so please ensure you always contact us prior to admission for our Pre-authorisation Department to guide you.

Pre-Authorisation is a requirement for all hospital and casualty admissions and our caring NHG team may be contacted 24/7 on **0860 002 402**.

NURSE BASED CARE

Care from qualified nurses at over **700** pharmacy Wellness Clinics. Visit them in store at your convenience or book an appointment for a consultation. Nurses will give you a medical referral if necessary. Available at all Network Pharmacies with contracted Clinics.

- General Member Wellness
- Women's Health
- · Assistance Managing Chronic Conditions

VALUE ADDED BENEFITS

24 Hour emergency Medical Services	PRIMARY STANDARD No benefit	ALL OTHER OPTIONS Unlimited	
	ALL OPTIONS		
Client Assistance Programme	Personal Health Advisor - Clinically trained Personal Health Advisor available for telephonic consultations and advice 24/7. Credit and Debt Assist - a full range of debt management and financial planning services Trauma Counselling - Trauma debriefing by a qualifies nurse Legal Assist - Telephonic Legal advice from qualified attorneys		
Accidental Death Benefit	Principal: Adult Dependant: Child Dependant:	R15 000 R10 000 R8 000	

IN-ROOM PROCEDURES COVERED

- **ONLY AT A NETWORK DOCTOR**
- Consultations for:
 - · A new or established patient
- Additional Wound Stitching at same session (each)
- Circumcision: Clamp Procedure
- Drainage of subcutaneous abscess onychia, paronychia, pulp space or avulsion of nail
- Each additional small procedure done at the same time stitching (excluding skin and nail conditions)

- Excision and repair by direct suture; excision nail fold or other minor procedure of similar magnitude. (excluding skin and nail conditions)
- GP Ultrasound study of the pregnant uterus (1st & 2nd trimester)
- Limb Cast (excluding after care)
- Removal of foreign body superficial to deep fascia (except hands).
- Stitching of wound (with or without local anaesthesia) including normal after care
- ECG without effort
- ECG with effort

LIST OF CHRONIC CONDITIONS COVERED

- Addison disease
- Asthma
- Bronchiectasis
- Congestive cardiac failure (CCF)
- Cardiomyopathy
- Chronic renal failure
- Coronary artery disease (CAD)
- Chronic obstructive pulmonary disease (COPD)
- Crohn disease
- Diabetes Insipidus
- Diabetes Mellitus type 1
- Diabetes Mellitus type 2
- Dysrhythmias

- Epilepsy
- Glaucoma
- Haemophilia
- HIV meds R500 per policy per month max R6 000 per annum
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple sclerosis (MS)
- Parkinson disease
- Rheumatoid arthritis (RA)
- Systemic lupus erythematosus (SLE)
- Ulcerative colitis

CHRONIC MEDICATION AUTHORISATIONS: 0860 002 402











Click on the link in your SMS

Upon being onboarded to your GENRIC health insurance policy, you will receive an **SMS** that will contain the link to the GENRIC MobiSite. Click on it and wait to be directed to a login/registration webpage in your browser.



Register icon

Once the GENRIC MobiSite webpage opens, select the **REGISTER** icon, followed by the **MEMBER** icon.



Required fields

A page will open with required fields - it is important to create your own username and 5-digit numerical PIN. Tick the T&C's box and select **REGISTER**.



Account validation SMS

Keep an eye out for your account validation SMS - follow the unique link in the account **validation SMS**. You will be re-directed to the same login/registration webpage as at the beginning of the process.



Login to your account

Remember your username and 5-digit numerical PIN. Use those details to fill out the Username and PIN fields and select **LOGIN**.



Access your digital card

Click on the tab labelled MY CARD to access your digital membership card.

IMPORTANT TERMS & CONDITIONS

POLICY SPECIFIC EXCLUSIONS

We will not compensate You for any Illness, condition, disease or injury, or the consequences of treatment, or resulting from, or associated with:

- Out-patient treatment other than specifically defined as covered.
- Hospital admissions for the purpose of diagnostic procedures.

GENERAL POLICY EXCLUSIONS

Unless the policy makes provision for a specific benefit and is evident within the specific policy entitlement, any claim submitted will automatically be rejected.

We will not compensate You for any Illness, condition, disease or injury, or the consequences of treatment of, or resulting from, or associated with:

- An event not covered by this policy and/or falling outside of the policy's benefits.
- Any claim that must be paid in terms of alternate proclaimed legislation, such as the Compensation for Occupational Injuries Act 90 of 1993, the Road Accident Fund Act 56 of 1996 and the Medical Schemes Act 131
 of 1998.
- Any pre-existing condition, disease, disorder, or Illness, for a minimum of 12
 (twelve) months. This will include any condition which existed prior to inception, or for which an insured person has sought or received medical advice or received treatment by a Registered Medical Professional or exhibited symptoms before inception of the policy.
- Any other condition for which a confirmed Waiting Period is applicable.
- Admission which is required for the purposes of investigative procedures or any other investigation only, unless specifically provided for in this agreement.
- Claims for advice on an on-going basis, routine physical examinations, or procedures of a purely diagnostic nature.
- Any illness, injury or consequence from alcohol, drug or substance intoxication, use, abuse, or addiction, directly or indirectly traceable to the insured being affected, permanently or temporarily. Claims may be considered where registered drugs
 are administered and prescribed by a

- Registered Medical Professional.
- Any Psychiatric or Psychological Condition or emotional or nervous conditions including, but not limited to, depression, insanity, psychosis, stress-related and affective disorders.
- Suicide, attempted suicide or any intentional or deliberate self-injury and/or self-exposure to danger or risk except to save a human life.
- Any skin/sub-cutaneous tissue and nail disorders, diseases, conditions and illnesses, inclusive of, but not limited to, lipomatous neoplasm and excision or biopsy related to the skin and/or subcutaneous tissue with the exception of a diagnosis of cancer being confirmed.
- Cosmetic Surgery where no clinical indication for treatment is present, including any treatment and costs resulting from these procedures unless specified as part of the benefit entitlement to this policy.
- Elective procedures with no clinical/medical indication including any treatment and costs resulting from these procedures unless specified as part of the benefit entitlement to this policy.
- Investigations, treatment, medication, or surgery related to any condition where the Member seeks advice, diagnosis and/or treatments outside the border of south Africa.
- BMI (Body Mass Index).
 - The additional charge by a Registered



- Medical Professional for the management of overweight and underweight patients with reference to the Body Mass Index (BMI). The applicable BMI codes are 0018 and 0019 and are not covered on this policy.
- The additional charge by a Registered Medical Professional for the management of overweight and underweight patients Body Mass Index (BMI), directly related to pregnancy and diseases that are non-lifestyle related and the Member
- is under medical care at claim stage, the Underwriter will pay those additional charges applicable.
- Investigations, treatment, or surgery related to infertility, artificial insemination, hormone treatment for infertility, or any other form of assisted reproduction.
- Procedures, medication, or devices for the purpose of contraception.
- Procedures related to the voluntary termination of a pregnancy.

SPORT RELATED EXCLUSIONS

Any Illness, injury or condition resulting from or directly associated with professional sport:

- Participation in any form of race or speed test, other than on foot.
- Involving any mechanically propelled vehicles or crafts.
- Participation in a sport or hobby that is defined by Underwriter as hazardous or dangerous except for scholars taking part in school activities.
- Participation as a professional sports person.

STANDARD NON-LIFE POLICY EXCLUSIONS

We will not compensate You for any Illness, condition, disease or injury, or the consequences of treatment of, or resulting from, or associated with:

- Any claim arising directly or indirectly from active involvement in war, invasion, act of a foreign enemy, hostilities (whether war be declared or not), civil war, rebellion, revolution, insurrection or political risk of any kind, or any act of any person acting on behalf of or in connection with any organisation, group or activity aimed at overthrowing any government by force or any deliberate act of terrorism or violence.
- Any riot, strike, or public disorder (including civil commotion, labour disturbances or lock-out) or any act or activity resulting in or calculated to bring about riot, strike, or such disorder.
- Active military duty, police duty, police reservist duty, civil commotion, labour disturbances, riot, strike, or the activities of locked out workers.

- The act of any lawfully established authority, police force, security force or any other local, provincial, or national body, in controlling, preventing, suppressing or in any other way dealing with any event referred to in the clauses above.
- Compensation in terms of the War Damage Insurance Act 85 of 1976.
- Nuclear weapons or nuclear material, ionizing radiation, or contamination by radioactivity from any nuclear fuel or from any nuclear waste from the combustion of nuclear fuel. For the purpose of this exclusion, combustion shall include any selfsustaining process of nuclear fission.
- Any loss arising from any contractual liability.
- Any consequential loss or damage whatsoever.
- Any attempt by you to commit an unlawful
 act



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